



Advanced Wellness Detox

GRAPHOLOGICAL ANALYSIS

Flash & Bauer method

Last name / First name: [REDACTED]

Date of birth: [REDACTED]

Date of analysis: [REDACTED]

1. Letter size: Medium

The writing is of a regular size, neither too large nor too small.

Interpretation :

This reflects a good balance between interiority and outward expression. [REDACTED] seems at ease in interactions while maintaining a certain distance. She has no need to overact or hide: balance is the key word.

2. Tilt: Slightly to the right

The inclination indicates an orientation towards others, an emotional and relational openness.

Interpretation :

This writing shows human warmth, empathy and a sincere desire to communicate. She reaches out spontaneously, without excess or coldness.

3. Shape of letters: Round, neat, regular

Overall, the letters are rounded and well-formed, with attention paid to aesthetics.

Interpretation :

This reveals a personality that is conciliatory, sensitive and concerned to do the right thing. They are probably highly diplomatic and have a sense of harmony, both in their relationships and in their thinking.

4. Letter linkage: Linked but not excessive

The letters flow smoothly, without rigidity.

Interpretation :

This demonstrates coherent reasoning, structured but lively thinking and a certain flexibility of mind. She connects ideas with finesse, without becoming rigid.

5. Pressure: Moderate and regular

The pressure is neither too light nor too heavy, indicating good energy regulation.

Interpretation :

This reflects a calm, controlled vitality, a person who knows how to manage their emotional intensity without repressing it or letting it spill over.

6. Base line: Straight and stable

The lines follow a linear trajectory.

Interpretation :

It shows inner stability, a good sense of direction, realism and emotional control.

7. Signature: More complex than the current text

The signature, slightly more artistic and stylised, asserts a more assertive form of identity.

Interpretation :

This suggests that [REDACTED] feels committed to what she signs. She honours her name and puts her heart into presenting herself, perhaps with a touch of creativity affirmed in the personal or spiritual sphere.

General conclusion :

[REDACTED]'s writing reveals a balanced, empathetic, structured and deeply human personality. She combines gentleness, rigour and presence with a sensitive view of the world. Her writing exudes harmony between the heart, the mind and the hand, which is particularly rare and precious. Potential emotional over-control

- **Observation :** The regularity, moderate pressure and stability of the lines reflect great mastery.
- **Areas for improvement:** This beautiful stability could sometimes mask a need to control everything or a tendency to hold back certain deep emotions in order to preserve harmony.
- **Suggestion :** Allowing oneself more expressive freedom, particularly in creative or intimate contexts, could help to release even more vital energy and spontaneity.

Predominance of conciliation

- **Observation :** The roundness of the letters, their soft shape and fluidity indicate a strong ability to adapt.
- **Points to watch :** This quality can sometimes lead us to put the needs of others too far ahead of our own, or to avoid conflict, even when assertiveness would be beneficial.
- **Suggestion :** Cultivate a **clear affirmation of your personal limits** and needs in certain situations. **It's not about being less gentle, but more internally aligned,** even in the face of external pressure.

Little dynamic variation

- **Observation :** The uniformity of the lettering shows a fine rigour, but also a form of homogeneity that perhaps lacks liveliness or impetus in certain areas.
 - **Areas for improvement :** This may reflect a reluctance to change, a tendency to operate according to stable reference points.
 - **Suggestion :** Introducing a little more flexibility, daring and playfulness into your writing (and your life) can bring out new, unsuspected resources.
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Slightly more closed signature

- **Observation** : The signature, while assertive, remains relatively restrained, with a clear end to the name.
 - **Areas for improvement** : It could signal a restraint in putting oneself forward or a tendency not to reveal too much publicly.
 - **Suggestion** : Work on **the legitimacy of shining, claiming one's talents or commitments in front of others**, without excessive modesty.
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Conclusion of the axis of progression:

■■■■■ shows through her writing **a great human, relational and moral quality**, but which could still gain **in personal affirmation, expressive freedom and creative daring**.

She has everything it takes to be more daring with her own style and **inner colours**, while keeping her deep integrity intact.