

BIOLOGICAL DECODING

Flash & Bauer method

Last name / First name:

Date of birth:

Date of analysis:

Biological decoding of peripheral polyneuropathy

Rapid medical definition

Peripheral polyneuropathy is progressive or diffuse damage to the peripheral nerves, leading to :

- Sensory problems (numbness, burning, tingling),
- Motor disorders (muscle weakness),
- Sometimes autonomic disorders.

Psycho-emotional interpretation according to the decoding schools 1.

Christian Flèche

"The biological function affected represents the symbolic function affected in the person's experience.

Symbolic reading:

- The peripheral nerves enable us to feel, react, make contact and transmit information.
- Nerve damage is often the result of a breakdown in communication, or a loss of connection with an area, a loved one or oneself.

Possible conflicts:

- "I no longer feel", "I'm anaesthetised to what I'm going through".
- "I don't want to feel this pain (emotional, social...) any more".
- "I've lost touch with reality / with my roots / with my body".
- "I can no longer act / move / take a stand freely".

It's a biological survival mechanism: stop feeling to stop suffering.

2. Dr Salomon Sellam

"All illness is part of a biological survival programme linked to a situation perceived as unmanageable by the psyche."

In the case of neuropathy:

- A theme of territory, control of movement or thwarted freedom of action.
- Possible dissonance between what I feel and what I'm allowed to say/do.
- Conflit de type:
 - -I can't run away from this situation",
 - -I can't go on",
 - -My wings/legs have been cut off,
 - -I'm losing my sensory bearings in this world".

And also:

- Conflicts of **sensory denial**: "I don't want to smell anything" (in the context of bereavement, separation, trauma, humiliation).
- Conflicts of prolonged submission or resignation.

3. Claude Sabbah / Total Biology

- - Nerve damage = "I cut myself to stop the pain".
- - Touch = connection, security, tenderness.
- The body creates a "neutral", insensitive zone to survive an intolerable emotion.

Special case of

Taking into account its context:

- Post-crisis vaccination: "I have to sacrifice myself to protect others" (his grandson).
- Then there's neuropathy: "My system is making me pay for this intrusion", or "I'm
 no longer the one who decides, my integrity has been violated for the good of
 others".

 Acidic, mycotic, inflammatory background: unresolved, buried chronic emotional conflict.

Summary of possible psycho-emotional themes

Symbolic theme Example of an associated emotional experience

Lost of contact Emotional isolation, family breakdown, unresolved

bereavement

Emotional anaesthesia Non-verbal trauma, repression, dissociation

Submission / inability to act Feeling trapped in a role or situation

Self-sacrifice for others Denying yourself to protect or help a loved one

Fear of feeling pain Unconscious self-anaesthetic mechanism

Recommendation for support:

- Individual biological decoding work: find the exact feeling associated with the triggering event (bio-shock).
- - Transgenerational exploration: check whether there is an ancestor who has experienced "uprooting", "social paralysis" or "banishment".
- Reconnecting with your body and your feelings through gentle practices (EMDR, hypnosis, cardiac coherence, microkinetics, etc.).